



THE RURAL WOMAN FULL BLOOM EVENT 17TH MARCH

ART EXHIBITION OPENING & DAY
WORKSHOPS - BARADINE, NSW

Venues: Pilliga Forest Discovery Centre - 50 Wellington St. Baradine.
Freckles Coffee Spot - 11 Wellington St. Baradine.

Saturday 17th March Program

Session 1 Options

9am - 11am	Words Matter: Feelings Matter YOU Matter with Jeanette McPetrie from Focus Open Mind @ The Pilliga Forest Discovery Centre	9am - 11.30am	Bring Your Boldest Self - Fun Creative Empowering Workshop with Vivian Evans & Robyn Dorrian @ Freckles Cafe
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Session 2 Options

11.30am - 12.30pm	It's OK to say "No". The art of your healthcare consultation: making it work for you with Linda Beaver from HealthEducationMedia @ The Pilliga Forest Discovery Centre	11.30am - 12.30pm	Making Lip Balm Workshop with Lynda Coffey from Nannytime Goats Milk Soap @ Freckles Cafe
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Session 3

1pm - 3pm	How Much are you willing to Receive with with Kate McCarthy @ The Pilliga Forest Discovery Centre
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Session 4

3.15pm - 4.15pm	Transforming Your Life, Garden & Landscape Using Permaculture Design with Kim Deans @ The Pilliga Forest Discovery Centre
4.30pm	Full Bloom Art Exhibition Opening @ The Pilliga Forest Discovery Centre
7.30pm	Dinner at Acacia Motor Lodge, Coonabarabran - Book to join Vivian's Table via 02 6842 1922